

# Longridge Aged Care

*Activity Program - Week Beginning 17th February 2019*

## MONDAY 18th February

10:00am– Waves Beauty

Salon– Tammy

10.30am- Current Affair &

Exercise/ Game– Chapman

Lounge- Tom

1.30pm– Current

Affair/ Exercises/ Game –

New Lounge– Tom

3:00pm-Fruit lady

## THURSDAY 21st February

11.00 am- A Current Affair/

Exercise- New Lounge– Tom

1.30pm– Quiz– New Lounge–  
Tom



SPOIL  
YOURSELF  
TODAY



## TUESDAY 19th February

11:00am – Reflections– Ps

Greg Vangsness-Chapel–

Claire

1:30pm– Bingo– LA Lounge–

Claire

## WEDNESDAY 20th February

10:00am– Ladies Bus

1.00pm– Mens Bus

## FRIDAY 22nd February

10.00am- Cards– Library – Tom

10:00am– Craft– Rec Room–  
Tammy

1.30pm-- Elva Dickenson– New  
Lounge– Tammy

3.00pm Happy Hour

Tammy