

## What is ELDAC?

End of Life Directions for Aged Care (ELDAC) is a project that seeks to improve the care of older Australians through palliative care connections and advance care planning activities. The ELDAC project is funded by the Australian Government Department of Health. It is being delivered by a consortium that brings together three universities and five national bodies from aged care, palliative care and primary care.

The project seeks to promote changes enabling a reduction of avoidable hospital admissions, with shortened stays, and improved quality of care for people supported in residential and community aged care programs.

## What we are doing

ELDAC focuses on four streams of work to support these directions:

1. Capacity building through access to toolkits and to online and phone support
2. Improved care and service provision through technology solutions
3. Better understanding of issues through policy briefings and meetings
4. Service and sector development through local and regional partnerships

ELDAC is building on existing work. It is using the evidence developed for palliAGED and the expertise of Advance Care Planning Australia.

## What is Palliative Care?

Palliative care optimises the quality of life of a person who is living with a life-limiting illness. Palliative care identifies and treats symptoms which may be physical, emotional, spiritual or social.

[www.palliaged.com.au](http://www.palliaged.com.au)

## What is Advance Care Planning?

Advance care planning promotes care that is consistent with a person's goals, values, beliefs and preferences. It prepares the person and others to plan for future health care, for a time when the person may no longer be able to communicate those decisions themselves.

[www.advancecareplanning.org.au](http://www.advancecareplanning.org.au)

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