

# LONGRIDGE

AGED CARE

# NEWSLETTER

Residents, Families & Volunteers

January 2020

## 2019 FAMILY CHRISTMAS







**Marg Wortley & Janet**



**Anna & Rosemary**



**Merilyn & Susie Thomson**



**Tom & Colin**



**Elaine**



**Lorraine & Betty**



**Brian Rowe**



**Anna, Evelyn, Pat & Shirley**



**Jenny & Lyn**



**Jean Billing, Gill Hornabrook & Margaret Neale**



**Colin Richardson & Bryan Mann**



## **FAREWELL HEATHER**

After 20 years of sterling service Heather has retired to Adelaide – to live with her sister Annette. Heather was sad to leave Longridge residents & staff, but she is excited at this new chapter of her life. Heather enjoyed many farewells in the last few weeks of her work. We are going to miss her greatly, but we are grateful for her commitment and care to Longridge over so many years.



Heather, Jenny & Mary-Ann

## **Congratulations**

After only 2 years Lou Jones relocated to Adelaide to join her beautiful partner Rob Lawe. Since her departure in July Lou & Rob have shared a wonderful European holiday and their wedding in December! Lou is now working at the RAH in the Medical Research Unit. We are missing her smile and creativity and know she will be a great asset in her new role in Adelaide.



## **Retirement**

Jeanette retired at the end of October after 12 years of wonderful service to Longridge as Receptionist & Finance Officer. Jeanette is not one for farewells so she left us quietly – but we cannot note her departure without expressing our sincere gratitude for her work. We thank Jeanette for all she had contributed to Longridge. Enjoy your retirement Jeanette!



## **Staff Babies**

- ◆ Chloe Biggins & Caleb welcomed Callie. Chloe has now returned to work part-time .
- ◆ Jordy & Sally Luff welcoming their son Silva. Jordy and Sally are enjoying time off to welcome their new baby and settle into their new family routines.
- ◆ We await the arrival of Liza Attwood's baby in the coming weeks.



### STAFF CHANGES

Restructure staffing positions. Heather Kiernan's departure presented significant change but we are thrilled to report the transition to our new structure has been seamless! Well done to ALL.

- QRM- Kaddie Cother has assumed the compliance role of Heather Kiernan's job – focussed on accreditation and all systems to maintain our ongoing quest for excellence! Kaddie works 5 days / fortnight.
- HR- Following Donna Gurney's departure in October we recruited Mary-Ann Koerner. Mary-Ann has a wealth of experience in the aged and community care sector in a range of management roles. We welcome her to this new challenging position!
- Fire safety was a significant component of Heather Kiernan's role in the past. With Heather's departure we have asked Dino to take on more management of the compliance and monitoring systems that underpin all fire and emergency systems. Dino will be ably supported by Kaddie Cother to meet the administrative burden. Heather Kiernan will return annually to work in a contracted capacity to complete our annual staff fire training program.
- The Manual Handling / Physio Co-ordinator components of Heather's role has been taken by Elissa Williams (nee Cannatelli). As a qualified Myotherapist and a long term leader in the physio aid team Elissa is ably equipped to manage this added responsibility. Of course additional hours have been allocated to the physio team to enable Elissa to complete the higher level of documentation and management systems.

### WELCOME

2020 has seen Longridge welcome new staff members. Kaddie Cother (QRM), Laura Majoros (Admin & Finance), Mary- Ann (HR) & Tracey Hunsley (Admin) . We look forward to having them joining the Longridge team. We wish them all the best.





### The Longridge Constitution

The new constitution adopted by members has been approved by Corporate Affairs Commission at Consumer & Business Services SA. Congratulations to Board Chair Amy Mott on her drive and professionalism to arrive at this simple & plain English document. The new Aged Care Quality & Safety Standards are heavily focussed on sound governance and the Constitution provides the foundation stone on which all governance is managed.

### Maggie Beer Master Class

Fiona Hyslop attended the latest Maggie Beer Master Class in Adelaide a few weeks ago. The two day course was specifically geared to maximising the nutrition & flavour of foods in aged care – including all the texture modified foods. Fiona came home thrilled and excited for all she had learned and the potential she can bring to her cooking in the future!

Fiona is pictured with Maggie and Longridge is keen to promote our ongoing affiliation with the Maggie Beer Foundation – particularly after Maggie was our special guest at the 2015 redevelopment opening. Longridge is committed to good food - and this great training opportunity has really inspired our people! Fiona looks forward to the 'fruits of her labour!'



### Bus Update

The new Longridge Mercedes Sprinter bus is ordered and is due to arrive February 2020. Donations funded this major project – and are a true credit to the generosity of our community. We look forward to the arrival and riding in style on our weekly bus trips.



## JOKE OF THE WEEK

Q: What did the duck say when he bought lipstick?

A: "Put it on my bill."

### Sudoku

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9



- ◆ **Friday 24th January**– Australia Day BBQ– 12:00pm
- ◆ **Friday 7th February**–Anglican Church – 11:00am
- ◆ **Friday 14th February**—Kevin Sporer – 1:30pm
- ◆ **Tuesday 25th February**– Shrove Tuesday



### REMINDER: Laundry Services

Just a reminder from our laundress. Please remember that clothing **MUST** be named—50 residents make for LOTS of lost clothing when items are incognito!

We have a great service where clothing can be labelled for \$1 an item and the label doesn't come off in our commercial machines.



### Longridge Mobility Van

**Remember:** We have the Longridge Mobility Van for hire so if your loved resident needs special transport please liaise with Administration to book the van. (Note: drivers must have completed the Orientation Process & Agreement prior to Departing)

