

OUR GREATEST ASSET!



STARS OF THE MONTH

"Carers usually keep everything for bed bound people in their bathrooms and it gets very cluttered and we have no room but David Jones (carer) actually cleaned out a couple of residents wardrobes (the shelf side) and turned it into storage for all our bits and pieces (spare towels, face washers, creams, pads, liners etc.). It probably doesn't sound like a lot but it has helped us carers out enormously, it saves us heaps of time. I know all the carers really appreciate it".

****Congratulations David****



"Di McInnes is to be congratulated for her efforts in arranging all the hair appointments around her own cleaning commitments and the social distancing requirements. She can now only have 1 client in the Salon at any one time, which means she can no longer have 2 on the go., taking longer to complete all the requested appointments. I believe she is now working 3 days/week to assist working in and around the resident's suitability".

**** Congratulations Di ****



CHRISTMAS PLANNING

We wish for all of our Residents to enjoy a safe and happy Christmas with their family and friends.

In the name of efficient planning, we request ALL families wishing to take the resident home on Christmas Day that their Relative must call Longridge in advance and book the time of expected departure & who will be undertaking the responsibility for caring for the resident that day.

Residents can be collected from 10am on Christmas Day.

Please nominate any specific equipment requirements – such as a wheelchair & we will have this ready too.

As our Resident is in your care, when you arrive to collect the resident we will supply you with a contact tracing record for you to complete for the day. This record will identify every person your relative comes into contact with, and their recorded temperature. *For contact tracing purposes, this record will be required quickly in the event of a COVID-19 case being identified, therefore your cooperation is appreciated.*

For those relatives taking the resident away for several days, they need to fill this tracing record in every day – for every contact. Again: no public venues.

PLEASE return the Contact Tracing record to Longridge when the resident is returned home to us.

In addition, we ask that you consider these factors when arranging your family Christmas get-together.

- ◇ We trust the resident will be going to ONE location – & this is NOT a public venue such as a hotel or café.
- ◇ Is your home or place of gathering large enough to adhere to the 1 person/2 square metres density requirements? (Current maximum guests is 10 people for inside the home)
- ◇ Are all family members feeling well/and not suffering with any cold/flu symptoms?
- ◇ Has anyone suffered/or is suffering with diarrhoea/vomiting in the last 72 hours?
- ◇ Has anyone returned from interstate or overseas within the last 14 days?
- ◇ Has anyone been in contact with a confirmed COVID-19 case within the last 14 days?
- ◇ Have all attendees been immunised with the 2020 Fluvax?
- ◇ Do you have sufficient Hand Sanitisers readily available for your guests?

Thank you for your commitment to maintaining a safe environment for *your special person* – and for all the residents & staff living at Longridge. As we know Covid -19 has not gone away, nor is it eradicated. BUT, Australia is very fortunate to have the risks managed and if we collectively maintain our strict protocols and caution we will enjoy many more fun events together in the coming weeks.

For those residents unable to go off site on Christmas day we are offering visiting hours **STRICTLY between 10am – midday**. (No bookings required) Each resident may have 2 visitors & all the usual protocols re temperature monitoring, Fluvax etc apply.

Please note we have rostered one staff member specifically to manage reception on Christmas morning, from 10am – so patience will be required if there are several people waiting. **We ask that you do not arrive earlier than 10am to collect your Relative.**

PLEASE adhere to social distancing rules and no more than 5 people standing in reception area at any one time.



Friday 9th October saw the Footy Tipping Competition Celebrations with Homemade Pies for lunch and of course, a beer! We congratulated Brian Mann on his win!

Bus trips have re-commenced from Wednesday 14th October, with our residents seated with social distancing in mind. We also welcomed back our Volunteer Drivers!

On Friday the 23rd of October, we held another Men's only BBQ lunch. We are so thrilled to announce that these will continue on a monthly basis seeing they enjoyed it so much last time.

On Friday 4th December, our Residents enjoyed a 3 course Formal Luncheon along with a Photo Booth to capture all the smiles and fun!



Big Congratulations go to David and Kristy Jones on the arrival of their precious baby boy Lincoln, arriving in to the world in September. Recently, Lincoln visited Longridge and many hearts were stolen. He is just gorgeous.



Bryan was pretty happy with his recent Royal Flush! Nice work Bryan!



Longridge is keen to celebrate the collective culinary wisdom & skills of our residents with the production of a glossy 2020 Longridge Recipe Book.

With quality professional photos of our residents, their recipes and the fabulous results of their cooking this will be a great 'coffee table' keepsake.

Of course, a book of this quality cannot be produced on a shoestring & this is where YOU come in! Longridge is looking for orders (& donations) from our residents and families to fund this major project.

The books will sell for \$30 each & promise to be a treasured catalogue of the foods we have enjoyed over the years – made with love by the ones we cherish.

Please email or phone through your order & payment details to Admin (Bec or Kaye) to secure your copy.

Email: longridge@longridge.org.au Ph: 08 8762 1340



PASTORAL CARE WORKER —The role will provide quality person centered Pastoral Care that meets the needs of our staff and that is consistent with Longridge Aged Care (LAC) values. The successful applicant will have Pastoral Care qualifications or be working towards completion of a relevant certificate. You will have the ability to demonstrate a high level of spiritual commitment and a pastoral heart.

ANCILLARY ASSISTANT— The role of the Ancillary Worker is focused on the ongoing Food Safety Program of the Kitchen, maintaining cleaning duties and Laundry programs at LAC. Working as a part of the Ancillary team at LAC, you will be part of a dynamic team that provide high quality & timely services to 50 residents, (plus staff & special events) whilst maintaining an exceptional obligation to Work Health & Safety.

PERSONAL CARE ASSISTANT (CARER) - This is a great opportunity for enthusiastic Carers to work collaboratively within a very positive team that is committed to outstanding support to people who are aged.

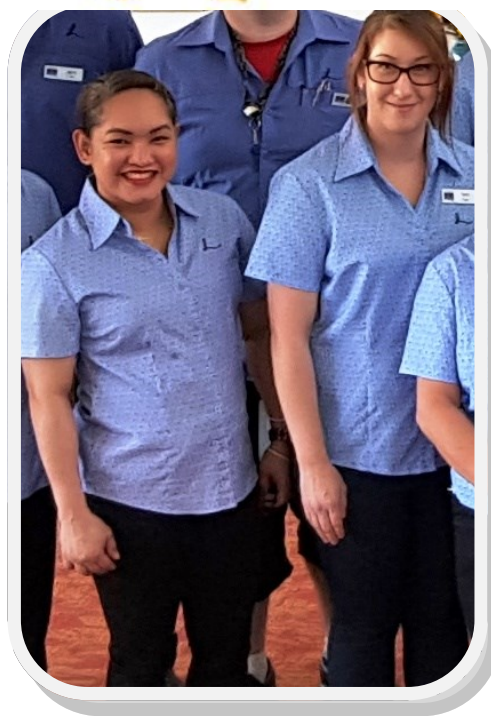
Please see our website for full job descriptions and further information

<https://longridge.org.au/careers/vacancies/>

NEW STAFF

Longridge is thrilled to welcome two new Care Staff to our amazing Care team!

Dearly (left) and Terri (right) have joined our care team very recently and we are so happy to have them on board!



We also welcome Kaye Marr to the Longridge Family. Kaye is assisting in Administration four days a week. She is a valuable addition to our team and we wish her well.

Please say Hi to Kaye in your travels

After 6 years of service, we farewelled our Registered Nurse Kiran.. There was cake, and a short speech, but mostly well wishes from our Residents and Staff. We wish Kiran all the very best in her future endeavours!



Visiting at Longridge



Now, as restrictions ease, visitors are no longer required to wear masks!



Fernetta's gorgeous pups love her so much! What a lovely moment.

STAFF EDUCATION

All staff recently completed Fire Training—facilitated by our own Dino Bueti and Longridge friend, Heather Kiernan.

Several of our staff have completed their COVID-19 Marshal training, to facilitate adherence to Social Distancing requirements

Nursing and Care staff continue to complete ongoing Infection Control Training and refresher courses.



Reluctantly, LAC has farewelled our wonderful Quality Risk Manager Kaddie Cother. Kaddie managed to go the distance for almost 12 months but unfortunately found the tyranny of distance too much. In the short time that Kaddie was with us, she developed and updated a whole host of policies and procedures, capably led the Quality Improvement committee while also working closely with the EO/DoC to complete the new Aged Care Quality and Safety Self-Assessment document. We will miss you Kaddie



REMINDER: Laundry Services

Just a reminder from our laundress. Please remember that clothing **MUST** be named—50 residents make for LOTS of lost clothing when items are incognito! We have a great service where clothing can be labelled for \$1/item and the label doesn't come off in our commercial machines.

Please take a few minutes to de-clutter cupboards when adding new items. Our residents quickly run out of room :)