

Longridge Aged Care

Activity Program- Week Beginning 27th December 2021

Monday 27th December

Public Holiday

TUESDAY 28th December

Public Holiday



WEDNESDAY 29th December

10:30am– Exercises– New Lounge

1:30pm Tai Chi—New Lounge

THURSDAY 30th December

10:30am– Bingo

LA Lounge

1:30pm– Quiz/ Reflections

New Lounge



FRIDAY 31st December

10:00am Craft– Rec room

1.30pm Sing along– Musical on TV

3:00pm Happy Hour– New Lounge