

Longridge Aged Care

Well-being Program- Week Beginning 12th of June 2022

Monday 13th June

Public Holiday



THURSDAY 16th June

10:30am - Tai Chi & Quiz- New Lounge

1:30pm- Coffee Outing



4:00pm- Wind Down-
LA Lounge

TUESDAY 14th June

10:30am- Men's Meet Up- LA Lounge

11:00am- Church - Rec Room

1:30pm- Queens Platinum

Jubilee High Tea- New Lounge



FRIDAY 17th June

10.00am- Craft- Rec Room

1.30pm- Sing- along- Merylin
Jardine - New Lounge



3.00pm- Happy Hour- New
Lounge



WEDNESDAY 15th June

10:00am- Bus Trip

1:15pm- Bus Trip