

Lifestyle Programs this week in May 2023.

Day	Morning	Afternoon
Monday 29 th May	10:30 Walking Group New Lounge Area	1:30  LA Lounge Area
Tuesday 30 th May	11:00 Church Reflections Rec Room	1:30 Phillip Wilson New Lounge Area 
Wednesday 31 st May	10:00 Bus Trip  Movie The Man from snowy river II	1:30 Cooking –  Sausages Rolls LA Lounge Area
Thursday  1 st June	9:15 Mums and Bub's at School  9.30 Physio Exercises	1:15 Men's Group 1:30 
Friday 2 nd June	10:30 Craft Card Making LA Lounge Area	1:30 Music with Viv Jones 3:00  New Lounge Area